

HRC SELECTION POLICY JUNIOR BOYS SQUADS ; J14-18

This document sets out the selection process to be applied for junior boys crews at HRC in the J14-18 age groups specifically in relation to “Priority Events” [see below]. This process is closely modelled on those adopted by the GB Rowing Team at senior and junior levels in their selection policy documents.

1. PROCESS

For J15-18 rowers, the chief coach junior boys [J15-18] is responsible for crew formation and selection in each year group. He/she may work with and/or delegate responsibility for selection to age group coaches. For J14 rowers, the age group coach is solely responsible for formation and selection of crews.

In forming and selecting crews, the coaches will base their judgement on a rower’s performances :

- in small boats [1x, 2x – less relevant for J14s]
- on the ergometer
- in the racing boat [ie the boat to be selected]
- in seat racing and/or time trial [where necessary]

These performances may be assessed:

- at squad training sessions
- at specific trials, tests, and assessments
- at head races and regattas

While the coaches will use all reasonable steps to base their decisions on the objective criteria available, they will also use their experience and judgement when forming crews, assessing crew compatibility and making selections [eg the fastest 4 scullers in 1x may not make the fastest 4x- for various reasons including variations in technique]

A rower’s performance and progress on both land and water will be monitored on a regular continuing basis. A rower will need to demonstrate their capabilities and importantly compatibility in crew boats in all different tests, trials, head races and regattas.

A rower must demonstrate commitment to continuing improvement in all aspects of personal performance on land and in the boat. Regular attendance at training sessions is important to enable this. It is unlikely that a rower will achieve continuous improvement if in the case of J16-18 age group he attends less than 90% of training sessions, in the case of J15 age group he attends less than 85% of sessions and in the case of J14 age group he attends less than 80% of sessions.

2. APPLICATION OF THE PROCESS

The selection process described above will so far as practical be used in the formation and selection of crews for "Priority Events". These events will be designated at the start of each rowing season.

Outside of these events, entry and selection of crews for events will be made on a broader range of criteria including, for example the benefit of experimenting with different combinations and the aim of ensuring that all squad members are able to compete at a range of events where practical.

Tony Bailes

Chief Junior Boys Coach ; J15-18

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