



HENLEY ROWING CLUB'S NEWLETTER – NEWS & EVENTS FROM YOUR CLUB

Chairman's Note

Looking forward



Welcome to the 5th. newsletter , and the last, in this format. It might look good but it's hard to produce, so in future all news will be found on the website, updated more often, with a link sent direct to you.

People news...

- A massive thank you to Jo Lock, who has decided to hand over the CWO role after a busy 3 years. Jo has made a huge contribution, taking updated BR standards into important new HRC policies and training in welfare and safeguarding, as well as managing the CWO desk and organising junior away events. We are just finalising how a new CWO team will work going forward, and will communicate details shortly
- Dave Mikowska is taking over from Tom Wedgwood as our Safety Officer. Big thanks to Tom, who will continue to support the safety team whilst being able to focus on coaching the senior men
- We expect to have a couple of committee slots becoming available from March, so if you have time and energy to help us lead and progress the various aspects of the club please talk to any of the current committee members before the nominations deadline just before the AGM.

On other fronts...

- The website layout is to be updated to make it easier to go to for club related information and news, and will include a members section in due course
- The new Porolu pontoons are due in April. These are Olympic standard and will extend across most of our frontage, so no queues and safer boating! We've been able to purchase these in a new partnership with Henley Women's Regatta and with funds from Henley Open Events
- We have assessed legal entity options more appropriate to our club going forward, and will be sending a memo on shortly, so that members can feed back and we can then agree how to proceed at the AGM on 21st March
- The club building development rationale and programme is taking shape. We intend to share more information at the AGM.

Phew, plenty to get on with then !

Enjoy the coming ,hopefully brighter ,weeks out on the water !

Rob Berrington
Chairman

Captain's Report

A new calendar year so slowly the weather will get better, the days longer, more races and the time to recruit new members. Over the last 3 years we had great success retaining all the new starters. If you know any family members or close friends that would like to start rowing, please get them in contact ASAP with captain@henleyrowingclub.org as places are filling up fast. Next Adult course will start 23 February, next junior course will start 4 March.

It's important that we keep looking after our equipment. Clean boats with towels after every session (only wash when you do a full wash with soap etc). Clean handles in handle dunk bucket. Please do minor repairs yourself, only difficult repairs should be added to the boat log . Enjoy 2018.

Volunteers Needed

As a volunteer-led club, we are always in need of more pairs of hands to keep the club running smoothly and many hands make lighter work! There is a "Jobs List" posted in the club house with a range of things that need doing – please take a look and help where you can. Interested to learn more about boat maintenance and repair and have some time to spare? Please contact Stan or Leon Redman. Can you help with the car parking and camping that HRC offers during Henley Royal Regatta? Equally if you can help with any of the club's social events please touch base with Karen Wade and join her social sub-committee.

Interested on being on the Committee? Please consider putting yourself forward for nomination at the AGM and feel free to chat with Rob or anyone else on the Committee.

HRC's Digital and Sponsorship Strategy

As part of an initiative to diversify income streams for the Club, we are working to develop the website and social media streams to make the club more appealing to corporate sponsorship and advertising. Members will also benefit from a dedicated members section on the website which will improve the club's internal communications which will not be so reliant on bulk e-mailing.

If you have an interest in social media, digital strategy, marketing, sponsorship or working on external communications either on the website or via press releases, please do get in contact with me. We're looking for volunteers to join the social media team and training will be given. It is a good opportunity to improve one's digital skills!

Sarah Inge Parker

Hooray for HOE Fours and Eights Head

As our February event fast approaches, it is a good opportunity to thank all those who have helped the Open Events sub-committee and that means all the good folks who volunteer and get involved with our events, namely Henley Sculls and Henley Fours and Eights. I will reiterate from my thanks from November "Well done gang, you are the best in the business!"

Henley Sculls last November was our busiest ever but we still delivered a wonderful day's racing. With as big an entry as this we still managed to start both divisions on time, which is something valued by competitors and officials alike and we received a lot of positive feedback from coaches and competitors with comments such as "such a well organised event" and "we love coming here". This is largely due to the input from over 70 people we need to make this work.

We really do appreciate your energy and enthusiasm, this helps make our events the success that they are. Apart from delivering great events we also generate significant funds which are used to support the Club, currently providing funding for the replacement boating rafts. I would cheerfully encourage you to all get involved in our next event which is the Henley Fours and Eights on Saturday 17th February 2018.

If you have an interest in becoming more deeply involved with running our events we would welcome a couple of motivated people to join our committee, please contact Helen via henleyopenevents@hotmail.co.uk. We would be delighted to hear from you. All roles are enjoyable, carry some responsibility but deliver a great deal of personal satisfaction!

I won't go into individual winners at Henley Sculls (details can be found on the website www.henleyopenevents.co.uk) but I would like to highlight on particularly successful competitor. Well done to our own Georgina Robinson Ranger for being the fastest Junior Girl for the second year running, and it is notable that she was in fact faster than the fastest Senior Woman in both years too. So... that's me throwing down the gauntlet to our Senior Women... although I guess next year she may be racing Senior, so you might have your work cut out ladies...

Looking forward to seeing you at the Fours and Eights either as competitors, volunteers or spectators. We can't do it without you!

Helen Knowles

Crew Report Girls double triumph at Fours Head

The girls were winners of the Women's Junior Quads and Women's Junior coxed fours at the Fours Head of the river and were presented with their prizes at the Hock Cellar in Fullers Brewery by Richard Fuller Director of Fullers Brewery who sponsor the race. This is the third year in a row that Henley Rowing Club has won both the Junior events and fourth year in a row for the quad. Many congratulations to the girls!

Daisy Butterworth, Phoebe Fletcher, Ella Nolson (cox), Grace Johnson, Mary Wright, Lottie Orr, Georgie Robinson Ranger, Issy Jonsson, Sophia Hahn



Victoria Molloy has kindly volunteered to organise racking. Please make her life easier by not moving boats without touching base with her first. She can be contacted at racking@henleyrowingclub.org



Events & Other News

OTHER CLUB NEWS

- Henley Fours and Eights – Saturday 17th February** If you're not competing, please consider volunteering! Contact Helen at heleyopenevents@hotmail.com
- Annual General Meeting – Wednesday 21st March** – Formal notice and more information will be send out to members in due course by email.
- Adult Learn to Row courses and Junior Summer rowing camps** more information on the website

SAVE THE DATE

- Seniors/Masters Training Camp: Seville 29th April – 6th May** Fancy rowing in perfect sun-drenched water, followed by great food and wine? HRC is once again heading to Spain to use the excellent facilities on the bank of the Guadalquivir River. If you are interested in the camp, please contact Nathan Hillyer or Victoria Molloy

Editor: Sarah Inge Parker: press@henleyrowingclub.org. For more club details please visit the club website www.henleyrowingclub.co.uk or contact the club on +44 (0)1491 573943 or email secretaryhrc@seilhouse.net

Month's Results

Wallingford LDSC

WJ18.4x-, W 4x-, WJ16.4x-, WJ15.4x+, WJ18.2x, WJ18.1x, J17.1x

October

Upper Thames Autumn Head

W.J18.4-, W.J16.4-, J18.2x, W.J18.2x, W.MasD2x, W.8+, J16.4x-, w.MasE.4x-, W.J16.4x-, J14.2x

Reading Small Boats Head

W.MasD.2x, W.MasE.1x, J16.2x, MasD.2-, J16.4x-, J17.2x

November

Henley Sculls

J15.1x, J18.2x, W.2x, W.J18.1x

Fours Head

W.J18.4+, W.J18.4x-

Hampton Small Boats Head

W.JSchA.2x

December

Wallingford 4's & 8's Head

W.U23.8+U20, W.J18.4+, W.J16.4+, W.J15.4-

British Rowing Indoor Championships

WMas.Lwt.VetE Silve

Safety

Safety: As mentioned above, **Dave Mikoska** has agreed to take over the role of Safety Officer from Tom Wedgwood to enable him to focus on his coaching role at the Club.

Dave is reviewing the available online options to help members make their individual risk assessments. During the winter months, it is clearly helpful to have as much relevant information to hand as possible, even before one ventures out of the house. The plan is to include local weather and flow data on the home page of the redeveloped website.